

Patient Discussion Guides/Adults

FOR SYMPTOMS OF INATTENTION AND HYPERACTIVITY AND IMPULSIVITY

SYMPTOMS OF INATTENTION IN ADULTS

Check all the behaviors that apply to you and list specific examples that you can discuss with your doctor.



HOME



WORK/
SCHOOL



SOCIAL

- 1** Often has poor attention to detail/makes careless mistakes
List examples you have experienced:

- 2** Often unable to maintain attention
List examples you have experienced:

- 3** Often inattentive when being spoken to or when listening to others
List examples you have experienced:

- 4** Often unable to follow instructions
List examples you have experienced:

- 5** Often has difficulty organizing tasks and activities
List examples you have experienced:

- 6** Often avoids tasks that involve a lot of mental effort
List examples you have experienced:

- 7** Often loses things required for activities
List examples you have experienced:

- 8** Often easily distracted by external events
List examples you have experienced:

- 9** Often forgetful in daily activities
List examples you have experienced:

Please complete the Symptoms of Hyperactivity and Impulsivity on page 2.

Only a healthcare professional can diagnose ADHD. This list is intended to help you discuss symptoms with a qualified healthcare professional.

Patient Discussion Guides/Adults

FOR SYMPTOMS OF INATTENTION AND HYPERACTIVITY AND IMPULSIVITY

SYMPTOMS OF HYPERACTIVITY AND IMPULSIVITY IN ADULTS

Check all the behaviors that apply to you and list specific examples that you can discuss with your doctor.



HOME



WORK/
SCHOOL



SOCIAL

1 Often fidgets/squirms
List examples you have experienced:

2 Often has difficulty staying seated
List examples you have experienced:

3 Often feels restless
List examples you have experienced:

4 Often unable to participate in leisure activities quietly
List examples you have experienced:

5 Often “on the go” as if “driven by a motor”
List examples you have experienced:

6 Often talks excessively
List examples you have experienced:

7 Often blurts out
List examples you have experienced:

8 Often has difficulty waiting for turn
List examples you have experienced:

9 Often interrupts or intrudes on others
List examples you have experienced:
